

Lent Sunday School – Student Guide

LENT – WEEK 1

THEME: Strength in Temptation — Obedience to God’s Word

Scripture: Matthew 4:1–11

Memory Verse (NKJV)

Younger: “Man shall not live by bread alone.” — Matthew 4:4a

Older: “Man shall not live by bread alone, but by every word that proceeds from the mouth of God.” — Matthew 4:4

Key Truth

- Jesus was led by the Spirit into the wilderness.
- He faced real temptation: hunger, pride, and power.
- He resisted through Scripture.
- Lent calls us to obedience, humility, and reliance on God’s Word.

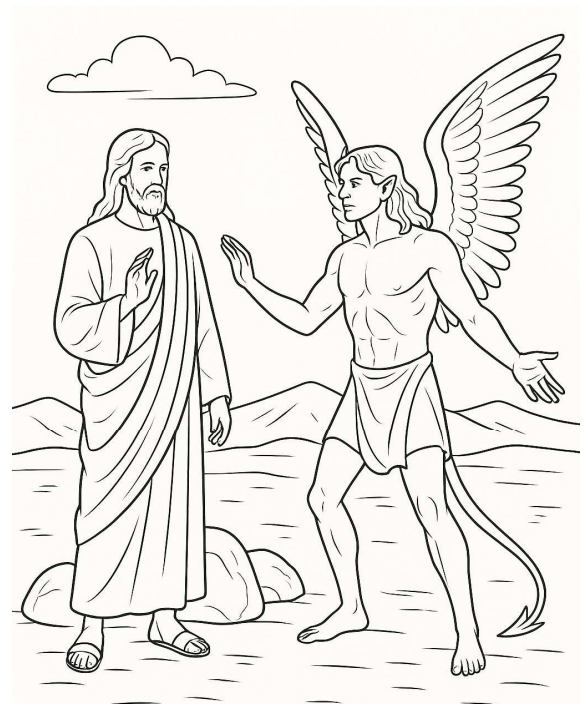
Discussion Questions

Grades 3–5

1. Where did Jesus go before He began teaching and preaching?
2. Who tried to tempt Jesus in the wilderness?
3. What did Jesus use to answer the temptations?
4. Why is God’s Word important to us?
5. What is one good choice you can make when something feels tempting?

Grades 6–8

1. Why do you think Jesus was led into the wilderness before beginning His ministry?
2. What kinds of temptations did Jesus face?
3. How did Jesus respond to each temptation?
4. What does this teach us about the power of Scripture?
5. How can God’s Word help you make faithful choices today?



THE TEMPTATION
OF CHRIST

LENT – WEEK 2

Theme: Persistent Faith That Trusts God’s Mercy

Scripture: *Matthew 15:21–28*

Memory Verses

Grades 3-5

“Lord, help me!” — Matthew 15:25

Grades 6-8

“O woman, great is your faith! Let it be to you as you desire.” — Matthew 15:28

Key Truth

- The woman was a Gentile yet came boldly to Jesus.
- She showed humility and persistent faith.
- Jesus tested and revealed her great faith.
- Lent calls us to be humble, persistent prayer.

Discussion Questions by Age Group

Grades 3–5

1. Who came to Jesus asking for help?
2. What did she want Jesus to do?
3. Did she give up when Jesus did not answer right away?
4. What does it mean to keep praying?
5. Who can we ask for help when we are worried or scared?

Grades 6–8

1. Why do you think Jesus delayed His response to the woman?
2. How did the woman show humility and faith?
3. What does Jesus say about her faith?
4. Why is persistence important in prayer?



5. How do we trust God when answers take time?

LENT – WEEK 3

Theme: Hearing and Keeping God's Word

Scripture: *Luke 11:14–28*

Memory Verse

Grades 3–5

“But He said, ‘More than that, blessed are those who hear the word of God and keep it!’”

— *Luke 11:28, NKJV*

Grades 6–8

“But He said, ‘More than that, blessed are those who hear the word of God and keep it!’”

— *Luke 11:28, NKJV*

Key Truths

Hearing and Keeping God's Word (Luke 11:14–28)

- Hearing God's Word is the beginning; obedience is the response.
- A divided heart cannot stand — faith calls us to choose God.
- God's Word becomes our foundation when life feels confusing or pressured.
- Blessing comes from hearing *and doing* what God says.
- Obedience is not about perfection; it is about direction — moving toward Jesus.
- Jesus invites us to live what we learn, not just listen to it.

Discussion Questions by Age Group

Grades 3–5:

- What happened in today's story?
- What does this teach us about Jesus?
- How can we follow Jesus this week?

Grades 6–8:

- What is the deeper meaning of this passage?
- What does this teach us about faith and obedience?
- How can this apply to our daily lives?



**BLESSED ARE THOSE
WHO HEAR..AND KEEP IT.**

LENT – WEEK 4

Theme: God Provides More Than Enough

Scripture: *John 6:1–14*

Memory Verses

Younger: “Jesus took the loaves.” — John 6:11a

Older: “Jesus took the loaves, and when He had given thanks, He distributed them.” — John 6:11

Key Truths

Feeding of the Five Thousand (John 6:1–14)

- Jesus provides abundantly, even when resources seem small.
- God works through simple offerings — willingness matters more than size.
- Gratitude comes before multiplication — Jesus gives thanks first.
- We participate in God’s work by offering what we have.
- Fear sees what is missing; faith sees what Jesus can do.
- God’s abundance is greater than our fear of “not enough.”

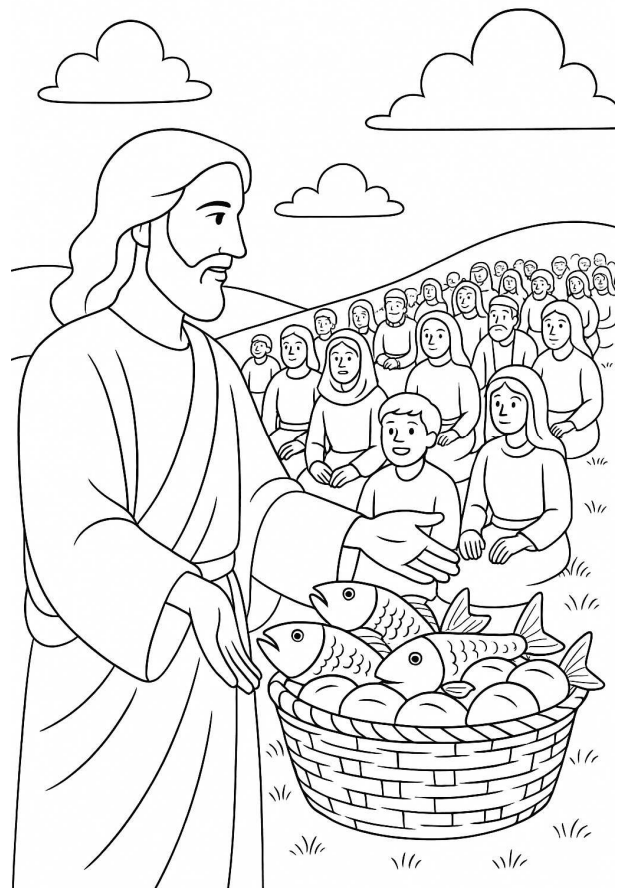
Discussion Questions by Age Group

Grades 3–5:

- What happened in today’s story?
- What does this teach us about Jesus?
- How can we follow Jesus this week?

Grades 6–8:

- What is the deeper meaning of this passage?
- What does this teach us about faith and obedience?
- How can this apply to our daily lives?



LENT – WEEK 5

Theme: Before Abraham Was, I AM

Scripture: *John 8:46–58*

MEMORY VERSES

Younger Students

“Before Abraham was, I AM.” — John 8:58a

Older Students

“Before Abraham was, I AM.” — John 8:58

(Invite students to underline I AM and connect it to Exodus 3:14)

KEY TRUTHS

- Jesus claims the divine name — He is truly God, not only a teacher.
- This moment prepares us for the Cross — Jesus chooses to save, not to escape.
- Truth invites response: worship, trust, obedience, and reverence.
- The Cross is not defeat; it is the fullness of God’s plan.
- Passion Sunday turns our focus toward Holy Week with seriousness and hope.

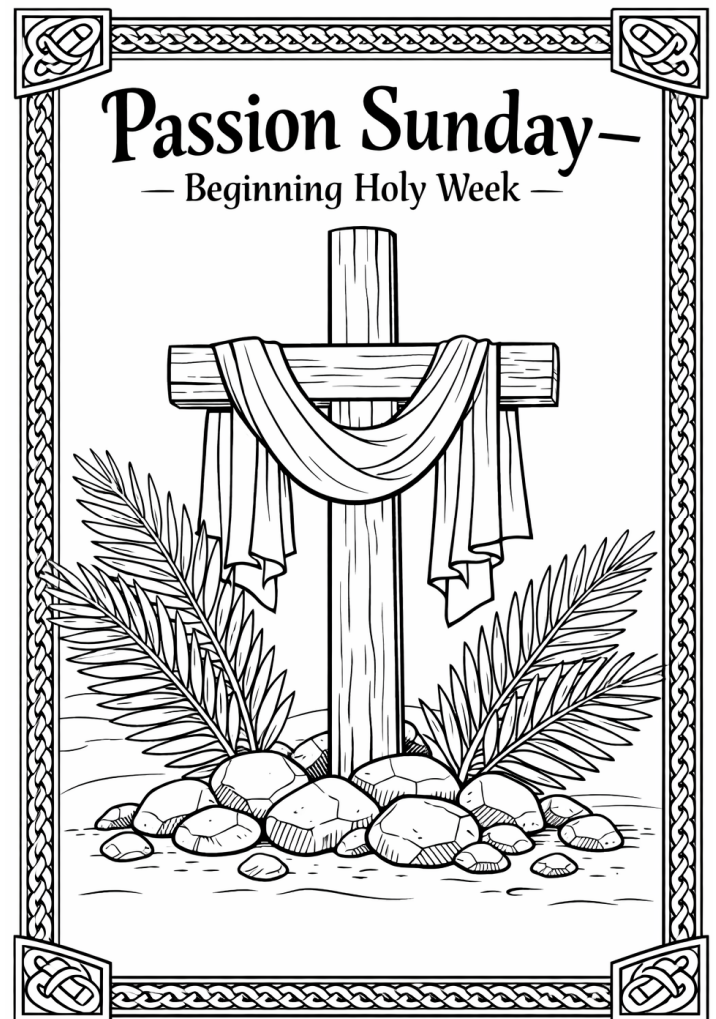
DISCUSSION QUESTIONS BY AGE GROUP

Grades 3–5

- Who does Jesus say He is?
- Why is the name “I AM” important?
- How does Jesus show that He comes from God?
- How can we show respect and love for Jesus this week?

Grades 6–8

- Why did Jesus’ words shock the crowd?



Anglican Lent Curriculum

- What does it mean that Jesus existed before Abraham?
- How does Jesus' claiming "I AM" change our understanding of the Cross?
- What response does this truth ask of us — in faith, choices, and daily life?